EEG PATIENT INSTRUCTIONS

You are scheduled for an Electroencephalogram (EEG) examination. Please insure that the following instructions are followed in order to obtain optimal and correct results from this test, and thereby a better diagnosis.

The EEG Lab is located at 673 Pine St in the Neurodiagnostic Testing Center.

INSTRUCTIONS FOR PATIENT:

1) Wash your hair and scrub the scalp thoroughly. Do not apply hair oil, gels or sprays.
2) Continue your normal medications and bring a list of medications with you.
3) Continue normal diet. Attempt to eat a meal within two hours of your scheduled test.
4) Do not drink caffeinated beverages on the day of your test. No alcoholic beverages within 48 hours prior to testing.
5) The night before the test stay up until 1:00 a.m., and sleep until 5:00 a.m. (4 hours sleep). After waking at 5:00 a.m., stay awake until your test time. PLEASE NO NAPS
6) After the test it will be advisable to wash your hair again when you return home to insure all of the paste is removed before it has a chance to dry on the scalp. (You might want to bring a scarf or hat to wear when leaving the testing center).

Should you need to cancel or reschedule your test, or if you have any questions please contact the office at 478-743-9123.